

**5th International Conference on Social Work in Health and Mental Health
(December 10-14, 2006, Hong Kong, China)
Post Conference Tour**

5. One Day Ping Chau Eco-Tour

Organizer:



坪洲綠衡者

GREEN PENG CHAU ASSOCIATION

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Visit the Most Living Village in Hong Kong -Peng Chau

Peng Chau has won the above award in 2005 and it is also the only Island that put sustainable community development concept into practice.

History of Pang Chau could be traced back to New Stone Age and Han people lived there to start the lime manufacture during the Sung Dynasty. It was a important fishing port and prosperous trading center even during the Ching Dynasty. While the traditional Chinese culture and customs have disappeared in many rural areas, Peng Chau people still keep most of the tradition customs and the community spirit is strong among the residents.

Fortunately the peaceful island is small. It has managed to maintain 70%of the land and 60% of the natural coastline unspoiled. It's biodiversity is very rich. At least 100 kinds of birds, thousands different kinds of insects, plenty native plants, fruit trees and wild herbs were founded. Believe it or not, Peng Chau used to be surrounded by corals. There are at least 40 different kinds of corals still alive. In addition to the 360 Hong Kong sea view from the top of the Figures Hill make this trip a worthwhile experience.

The main theme of this ecotour is to trace the history of Peng Chau incorporate with the natural environment and how development in Hong Kong and Peng Chau affect the ecological environments vice versa.

Date: December 15, 2006
Time: 0930 - 1655
Meeting place: Central Pier
Price : HKD250 / USD33 per person
(For accompanying guest aged under 12-year-old, the price is HKD175 / USD23)
Including : One English speaking tour guide • Transport • Lunch • Map • Insurance • Souvenir
Minimum Participants: 20

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Maximum Participants: 80

Itinerary :

- 1030 Brief introduction of Peng Chau History
 - Tin Hau (Godess of the Sea)Temple
 - Ching dynasty tablets
 - Golden Flower Mother Temple
 - Old matches factory area
 - An endanger plant Eurphobia
 - The legends of three temples
 - Tai Lai Island – The dead of a coral colony
 - The unique human & nature made lime cave

- 1230 Lunch : vegetarian or local special dishes

- 1330 Wing On (Forever peaceful)Street
 - The 500 years old Banyan tree
 - Old Lime Kiln Factory
 - Kowning Chinese wild herbs
 - Finger's Hill : 360 Sea view of Hong Kong

- 1600 Wing Hing Street : Local Shopping

- 1655 Leaving Peng Chau